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ring prevention film comprising transparent film in which projections are formed by surface roughening, a transparent film in which projections are formed by providing a projection coating layer, or either films wherein a transparent transparent electroconducting layer is further provided on the surface in which the projections are formed, and wherein the average surface roughness (RA)/inter-projection distance (SM) of the surface comprising the projection is 0.8×10^{-3} - 2.0×10^{-3} , and the inter-projection distance (SM) is 150 μ m Further, a touch panel is disclosed wherein a transparent electroconducting layer is provided as an upperelectrode substrate and a transparent film or glass wherein a transparent electroconducting layer is provided as a lower electrode substrate, transparent electrode layers face the upper electrode substrate and lower electrode substrate at a predetermined interval, the average surface roughness (RA)/inter-projection distance (SM) of transparent electrode layer surface of at least one of the upper electrode substrate and lower electrode substrate surface is $0.8 \times 10^{-3} - 2.0 \times 10^{-3}$, and the inter-projection distance (SM) is 150 µm or less.